



Council for Older Adults

# Volunteer Viewpoint

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*Volunteering makes your heart warm.*



## Aging Services Levy Update

As you probably know by now, Aging Services levies in Ohio, by law, must come before voters at least every five years. The current Aging Services operating levy (0.7 mills) in Delaware County was passed in 2003 and therefore must be on the ballot in 2008 in order to be continued.

The Aging Services levy will NOT be on the ballot in March, but we will need to be on the ballot later in the year. Planning will soon begin by our levy campaign committee. The campaign committee's job is to find the best way to educate the public about the need for aging services and the continuation of the local Aging Services levy. The committee has been raising funds for the past several years through its annual wine tasting event and will be considering the best, most efficient use of their dollars in order to reach the most voters.

As a volunteer for the Council for Older Adults, you are aware of the high quality of services provided with levy funding and you are in a great position to help shape the levy plans and/or to help get the word out. As you might guess, the month before Election Day is the busiest and most critical time when your help will be needed. The committee will be looking for representatives from each voting precinct in Delaware County to assist with yard signs, flyer distribution, and lots of other related activities.

While this flurry of activity may not take place for awhile, there is no time like the present to start planning. Please stay in touch and I will continue to keep you informed of plans as they develop. If you have an interest in helping the committee plan or help with any one of dozens of other tasks, the committee (all volunteers themselves) can help you get involved. Contact Amy Brown or myself at the Council for Older Adults and let us know you want to be involved at (740) 363-6677.

Robert Horrocks

# WELCOME NEW VOLUNTEERS FOR NOVEMBER & DECEMBER!

David Berry  
Nancy Boston  
Joelle Buchanan from  
Delaware Christian Schools  
John Dunham  
Becky Huffman  
Carolyn Kleman  
Nancy Larson

Quinia McNary from OWU  
Delta Sigma  
Becky McQuig from Girl Scouts  
Margo Michaels from PPG  
Dick Miller  
Donna Morton  
Walter Morton

Cheryl Murrin from Girl Scout  
Troop 2628  
Suzanne Myers  
Les Schinke  
Evelyn Sonnichsen  
George Sonnichsen  
Eva Vaghy  
Kathleen Wilhelm



## ask amy

### What do the clients do about meals when there is a snow emergency?

Our clients are provided with shelf stable meals to be used in just this situation. They also receive a "well person" call by a Care Consultant at the Council.

### When will the new therapeutic pool open?

The therapeutic pool at the Senior Center is in the process of being built and should be ready to open early spring. This pool will be an indoor pool used for therapy and not a lap pool. For more information on classes, please call Phyllis at Senior Citizens Inc. at (740) 369-5133.



*Senior Nutrition Staff members (from left) Sandy Gardner, Carolyn Conley and Program Manager - Linda Lowe*

### Senior Nutrition is "On the Move"!

We want to express our appreciation to all of our drivers for a smooth transition to the new building. Everyone was cooperative, positive and extremely helpful. This certainly helped to make our move so much easier. Everyone is now delivering from our new building and we are enjoying our beautiful new space and delivery equipment.

### And the incentive contest winners are.....

#### **Make a Difference Everyday**

November Hazel Miller  
December Jack Wortz

#### **Go the Extra Mile**

John and Louise Wright  
Betty and Les Schinke

**Congratulations!!**

### WIN A PRIZE WITH THE SECRET WORD!

The secret word for this month is "Exotic". The first 10 people to tell us where the secret word is located will receive a prize. Call Jane at the Nutrition office (740) 203-2431 if you think you know.



# New Volunteer Opportunities

## We Are Looking for Additional Meal Drivers

Please let us know if you know of any of your friends and neighbors that are looking for a fun volunteer opportunity. We are in need of drivers for the new meals routes that have just been created. Every time we split a meal route, we need 5 - 10 new drivers to cover the route. Anyone who refers a new volunteer will receive a coupon for cookies from Max and Erma's! Spread the word! Just have them contact Amy at [amyb@growingolder.org](mailto:amyb@growingolder.org) or (740) 203-2355.

## Transportation Drivers Needed

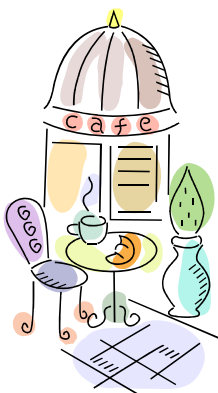
It's not too late to volunteer for the Transportation Program. An information session will be held on January 31st from 2 p.m. to 3 p.m. for volunteers interested in providing transportation to older adults in Delaware County. For more information call Amy or Sue at (740) 363-6677.

## Like to Talk on the Phone?



If you are an outgoing, gregarious person that loves meeting new people and giving out information, you may be just the person we are looking for. We are in need of a receptionist for Senior Citizens Inc. Please call Amy to choose your days for this fun new volunteer opportunity at (740) 203-2355.

## NEW Volunteer Program Added!



A new volunteer program is in the process of being added for kitchen and café volunteers. Please call Amy at (740) 203-2355 if you are interested.



*Harold Jackson preparing to load the Nutrition van with meals.*

**Congratulations** go out to the following volunteers who are now employed by the Council for Older Adults and Senior Citizens Inc.!

I guess you never know where your volunteer experience will lead you!



*Teri Sells answering questions about the new senior center.*

- Carl Cook
- Harold Jackson
- Ellen Milligan
- Teri Sells
- Bob Sprengnether

- Sr. Center Maintenance
- Van Driver
- Dining Center Coordinator
- Sr. Center Receptionist
- Kitchen Assistant



*From left to right: Mrs. Elaine Reiner; great granddaughter, Lexi (in front); daughter-in-law, Beverly; grandson-in-law, Zach Cantrell (in back), holding great grandson, Caleb; daughter, Janet Reiner-Smith; granddaughter, Kerry Cantrell and Dr. Charles Reiner.*

## Our Volunteers are Honored at the Red Cross Hero's Breakfast

Congratulations again to Dr. Charles and Mrs. Elaine Reiner who received the Delaware County Senior Adult Hero recognition at the American Red Cross Hero's Breakfast on Tuesday, November 20th. Nominated by the Council for Older Adults, the Reiner's have been delivering meals for over 30 years, first with the Meals-On-Wheels Program and over the last several years, for the Senior Nutrition Program. Dr. Reiner volunteers at Children's Hospital and serves on the Olenangy Local School Board. They also volunteer as health care providers at a Navajo Reservation.

### Start the New Year with a New Resolution.....Join Senior Citizens Inc.!

Did you know that you only need to be 55 or older to belong to the center? The new senior center is gearing up for the new year with exciting activities. You can shoot billiards, use the state-of-the art exercise room, travel to plays and exotic locations, play cards, and learn new skills. Some of the new classes being offered are line dancing, Tai Chi, folk dancing, Mah Jung, art, woodcarving, calligraphy and digital camera classes.

Please call Senior Citizen's Inc. for more information at (740) 369-5133 or stop in visit us for more information.

### HOME ENERGY ASSISTANCE AVAILABLE

The Ohio Department of Development (ODOD) offers several programs to help low-income residents pay their utility bills and improve the heating efficiency of their homes. These programs (HEAP) include: credit on the heating bill account each year; assistance for households whose source of energy has been disconnected, threatened with disconnection, or have less than a ten-day supply of bulk fuel; a special payment plan that requires eligible customers to pay a portion of their household income each month to maintain utility service; and providing insulation, air leakage reduction, heating system repairs, health and safety inspections and testing as well as other services. Applications are available at the Council for Older Adults, 800 Cheshire Rd., Suite A, Delaware, or call (740) 363-6677 for more information.

# Here's what our volunteers have been doing



*Senior Nutrition Program volunteers learning about the changes in meal delivery at the new facility.*



*Meal Driver Volunteers Nancy Larson and Rosie Swisher*



*Volunteer Board Member Debbie Martin acts as Master of Ceremonies for the building Dedication Ceremony on December 12th .*



*Meal Driver Volunteers John Ballard and John Wright*

## News from the Drivers Corner

**Cell Phones** - Our new phone cabinet is powered up and ready to keep our route cell phones charged at all times. The corresponding number for your phone is in the lower right corner of your delivery notebook. Please be sure to return your phone to the cabinet and plug it in when you return from delivering so it will remain charged and ready for the driver the next day.



**Please Remember** - When returning from your route, please take the blue ice and heat packs out of your delivery bags before placing them back on the shelves.



**Mileage Reimbursement Rates Increase!** - We're sure that everyone has noticed that gasoline prices have risen. Every little bit helps and beginning this month, our rate for mileage reimbursement has increased to \$.505 per mile. This increase will show up on your reimbursement checks for January that you will receive around February 15. Mileage reimbursement is available for transportation, meal delivery, errands and home chore volunteers. Please check with your volunteer supervisor if you have any questions.

## Save the Date for the Volunteer Recognition Luncheon

The Volunteer Advisory Committee is in the process of planning an exiting time for you at the annual Volunteer Recognition Luncheon. It will be held at the new Council for Older Adults facility on April 30th from 1:30 to 3:30 p.m. This years theme will be "Our Volunteers Are Treasures". Be sure to pencil us in on your calendar. Additional details to follow at a later date.



Our sympathies go out to long time volunteer Doneta Stoner who recently lost her husband.



Get Well wishes go out to Mike Paplaczky, Dick Miller and Irena Scot who are recovering from surgery.



We are also grateful that Carol Rohde and Marilyn Bentley are doing fine and not injured after their little fender benders on their way to volunteer.

### **MEAL DRIVERS:**

Please be aware that the speed limit on Cheshire Rd. is 35 mph. City Police officers have been patrolling the road and issuing tickets to speeders.

Please observe a 5 mph speed limit in the parking lots.

**THANK YOU!!**



## Volunteer Spotlight



Frank Jackson has been a volunteer since November 2005. Frank is a Meals Driver, Transportation Driver and also volunteers at special events such as the Summer Festival.

Frank often says that "he gets more out of the volunteer experience for himself than the time it takes to volunteer". Frank says he "feels good about helping others and says that he has been lucky in his life and likes being able to payback to the community by helping others."

Frank is one of the few that have taken the plunge this year to become a transportation volunteer. He takes clients to their doctor appointments on an as needed basis.

One of his favorite stories is about a client that "he had the privilege to transport who had served our country well." Frank says, "He flew over 31 missions over Europe. On December 8, 1941 this client enlisted in the British Royal Air Force after the bombing of Pearl Harbor." Frank feels that he is honored to be a small part of helping a veteran that served his country so unselfishly during WWII.

Frank is a regular blood donor with the American Red Cross and also has been a volunteer blood driver in the past.

Next month, Frank and his wife Delma will celebrate their 44th anniversary. They have three daughters, one granddaughter and one grandson. He enjoys reading, eating, traveling and gardening. He is a voracious reader and particularly enjoys Robert Ludlum, Tom Clancy and any historical reading. He says that reading is a great hobby to keep your mind sharp and keep learning. He loves to travel and always feels the next vacation is the best. Thanks for being such an outstanding volunteer, Frank!

Please join me in congratulating Frank on being in the Volunteer Spotlight.

## YOU MAKE A DIFFERENCE!

Anthropologist Margaret Mead said "Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has."

We truly appreciate the commitment from our volunteers who "Change the World".

We would like to take this opportunity to let each and every one of you know, that no matter what jobs you have volunteered for at the Council for Older Adults, you have made a difference. Each of you brings your own special gift to make a difference in our clients' lives every day.

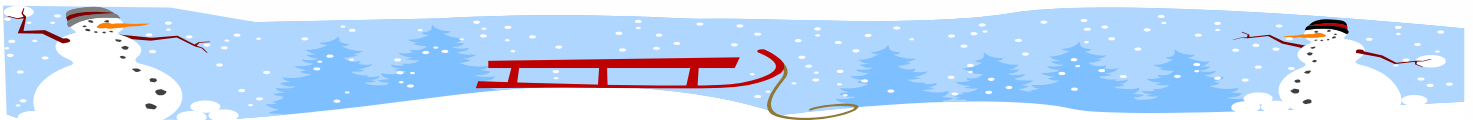
During 2007, we have provided a variety of new services for our clients. We have started a Home Chore Program as well as a Transportation and Companion Volunteer Program. We also became involved in the National Make a Difference Day and Family Volunteer Day. We are looking forward to adding new opportunities in our kitchen and café area and also in the Senior Center this year. Please keep checking out our new opportunity area in this newsletter.

**This Volunteer Newsletter is published by:**



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## **Dates to Remember**

- |                    |   |
|--------------------|---|
| <b>January 16</b>  | <b>Mission, Vision and Values Orientation 10 a.m. to noon</b> |
| <b>January 21</b>  | <b>New Meal Driver's Training 1:30 to 3:30 p.m.</b>           |
| <b>January 31</b>  | <b>Transportation Training 2 to 3 p.m.</b>                    |
| <b>February 14</b> | <b>Mission, Vision and Values Orientation 6 to 8 p.m.</b>     |
| <b>February 18</b> | <b>New Meal Driver's Training 1:30 to 3:30 p.m.</b>           |
| <b>March 6</b>     | <b>Mission, Vision and Values Orientation 6 to 8 p.m.</b>     |
| <b>March 10</b>    | <b>New Meal Driver's Training 1:30 to 3:30 p.m.</b>           |
| <b>March 19</b>    | <b>Mission, Vision and Values Orientation 10 a.m. to noon</b> |
| <b>March 24</b>    | <b>New Meal Driver's Training 1:30 to 3:30 p.m.</b>           |
| <b>April 30</b>    | <b>Volunteer Recognition Luncheon 1:30 to 3:30 p.m.</b>       |

**All events will be held at the Council for Older Adults, 800 Cheshire Rd in Delaware**