



NEWS RELEASE

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This news release can be found and downloaded from the “Press Release” page of the Council for Older Adults web site at www.growingolder.org

FOR IMMEDIATE RELEASE

April 29, 2009

Delaware County Commissioners Proclaim May as Older Americans Month

Since 1963, May has been designated as Older Americans Month for the purpose of honoring this most significant and rapidly growing segment of our country’s population. We have an opportunity to celebrate the heritage and contribution of our most treasured citizens throughout the month of May as we recognize older Americans who are living longer, healthier and more productive lives. Each year in Delaware County, more than 1500 people turn 60 years old. By the year 2020, 1 out of every 5 county residents will be 60 or older, which reflects a 337% increase in this age group. The theme for this year’s Older Americans Month is “Reinvent Yourself, Reinvent Aging.”

Each year, the Council for Older Adults celebrates this month with a variety of activities as we take the opportunity to recognize some local role models and focus on important topics affecting local seniors. This year, we have organized or are participating in a number of local and regional events which include the following:

County Commissioners Resolution – Monday, April 27

The Delaware County Board of Commissioners presented the Council for Older Adults with a resolution recognizing Older Americans Month in Delaware County and honoring local seniors for their contribution to their community in a variety of ways.

Ohio’s Senior Citizens Day - Tuesday, May 19

The third Tuesday of May each year is proclaimed by the Governor to be Ohio Senior Citizens Day. Activities take place throughout Ohio to celebrate the heritage and contribution of our most treasured citizens. Local events include various senior activities throughout the county.

The 34th Annual Central Ohio Senior Citizens Hall of Fame Induction Ceremony

- Wednesday, May 20, from 1:00 p.m. to 4:00 p.m. at the King Arts Complex, Columbus, Ohio

Each year the Central Ohio Area Agency on Aging honors individuals age 60 and above who have enriched the quality of life for others in their communities, by inducting them into the Central Ohio Senior Citizens Hall of Fame. Delaware County has been well-represented with nominees to the Hall of Fame. This year's inductee from Delaware County is Robert Erlandson of Delaware.

Caregiver Recognition Day - Tuesday, May 26

Every May, the Council for Older Adults recognizes some very exceptional people in Delaware County - caregivers, who provide on-going support, care and assistance to elderly friends, family or neighbors. We accomplish this by offering a special gift of appreciation for the service they provide. Following our regular May board meeting, our board members, staff and other volunteers go to homes of local caregivers and present them with a flower and vase, and a letter of appreciation as a personal gesture of thanks for the efforts that they make every day in caring for older friends and relatives. This is an event that our staff and board members look forward to each year when we have the opportunity to express our gratitude to the many caregivers who help us keep older adults in their homes. Anyone wishing to nominate a caregiver for this honor should contact the Council for Older Adults by May 15. Anyone wishing to volunteer or nominate a caregiver should please contact the Council office.

The board and staff of the Council for Older Adults invite the citizens of Delaware County to join with us as we draw special attention to the needs and talents of local seniors and their families through the month of May. Anyone wishing to become involved with these or other activities for local seniors are invited to contact the Council at (800) 994-2255 or (740) 363-6677.