

2012 Caregiver workshop schedule

“A Caregiver’s Tool Kit”

The Council for Older Adults offers free caregiver workshops, which are held on the second Tuesday of each month from 9:30 to 11:30 a.m. (unless otherwise noted). Workshops are held at the Center for Older Adults, 800 Cheshire Road, Delaware. To attend, please register by calling Jennifer Spicer, Intake & Referral Specialist, at (740) 203-2377.

January 10: “Rules of the Road for Caregivers,” presented by Pat Carpenter, author of *The Caregiver’s Road Map: Saving Your Time, Money, and Your Sanity*.



February 14: “Understanding Dementia and Memory Impairment: The Science Behind Brain Health,” presented by the Alzheimer’s Association.

March 13: “Dealing with Challenging Behaviors in Dementia,” presented by the Alzheimer’s Association.

April 10: “Detecting Fraud: How to Protect Yourself from the Big Bad Wolf,” presented by Cornelius McGrady with the Attorney General’s office.



May 8: “Empower Yourself: A Caregiver’s Guide to Choosing a Nursing Facility,” presented by Council for Older Adults and Willow Brook Christian Communities.

June 12: “Beyond Bingo: Choosing Activities for the Older Adult,” presented by Kelly Frentsos of Willow Brook at Delaware Run.



July 10: “Understanding V.A. Benefits,” presented by Joshua Ricketts of the Department of Veterans Affairs.

August 14: “Making Decisions About End-of-Life Care,” presented by Doug Cluxton MA, LPC of HomeReach Hospice.



September 18: “Senior Citizens Inc.: The Magical Place Where Hobbies Come True,” presented by Joan Hatcher and Sandy Miller of Senior Citizens Inc. of Delaware County. (Note: This is the 3rd Tuesday of the month.)

October 9: “Finding Your Way Through the Medicare/Medicaid Jungle,” presented by Tara Day of the Council for Older Adults.

November 13: “Elder Law Planning: Health Care & Asset Protection for Older Adults,” presented by Louis Borowicz of Baxter and Borowicz.



December 11: “Opening the Door to Meaningful Conversations,” presented by Becky Boseker of Central Ohio Mental Health.