



News Release

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Council for Older Adults web site at www.growingolder.org**

FOR IMMEDIATE RELEASE

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Center for Older Adults Celebrates Important Firsts

The warm water exercise pool at the Center for Older Adults will celebrate its first birthday this month, having opened to the public on July 28, 2008. In conjunction with the end of the pool's first year, the Center is celebrating another important first: its pool is the first in Delaware County to utilize a recently installed technological breakthrough, an ultraviolet light system which sanitizes the water and reduces the use of chemicals to treat the water. The reduced need for chemicals will result in a healthier pool environment for its users and a less expensive maintenance regimen which will save taxpayer dollars. There are other benefits of the new system, as well. Pool users report a "new and improved" pool experience, with less dryness of their skin and even less fading of their bathing suits.

In celebration of the pool's first birthday and its role as a trend-setter in the use of the new ultraviolet technology, the Center for Older Adults is planning a special event. Monday, July 27, 2009, will be "First Day at the Pool." Refreshments will be available, door prizes will be awarded, and the Center's staff will host the following free class demonstrations:

10 a.m. – 10:45 a.m. – Aquatics 1 class
11 a.m. – 11:45 a.m. – Aquatics 2 class
12 p.m. – 12:45 p.m. – Pool walking
1 p.m. – 1:45 p.m. – Aquatics 3 class
2 p.m. – 2:45 p.m. – Pool walking

Anyone age 55 or older is welcome to join in the festivities. Bring your bathing suit, pool shoes and a towel. Sign-ups will be taken in person at the activity center's information desk. For more information on "First Day at the Pool," please contact Senior Citizens Inc. of Delaware County at (740) 369-5133.