



NEWS RELEASE

Center for Older Adults
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This news release can be found and downloaded from the “Press Release” page of the Council for Older Adults web site at www.growingolder.org

FOR IMMEDIATE RELEASE

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COA TO HOST VOLUNTEER OPEN HOUSE ON MARCH 31

For those with a heart to serve homebound senior citizens, the Council for Older Adults is hosting a Volunteer Open House on March 31, from 4 p.m. - 6 p.m. at 800 Cheshire Rd. in Delaware. Opportunities abound, including substitute meal drivers, kitchen food prep and cooks assistants for our Meals On Wheels program. Volunteers are also needed for catering and special events.

“The Council for Older Adults is one of the best places to volunteer,” said Bernie Workman, an active volunteer from Galena. “The staff does more for its volunteers than any other group I’ve worked for, because they are always finding ways to show their appreciation for what we do.”

Workman found her calling as coordinator of volunteer caterers, who set up, serve and clean up at the special events, luncheons, weddings, parties and meetings held at COA. “The volunteers provide a lot of support and allow the professional chefs and kitchen staff to focus on the delicious meals they prepare, like prime rib and stuffed turkey,” she said. As a bonus, all profits from the catering department go towards services for older adults in our community.

During the Open House, attendees can talk to volunteers about the work they do and learn about available openings. Refreshments will be provided as well as door prizes. Guides will give tours of the facility, where many seniors exercise, take classes and enjoy social activities.

And if you’re looking for an especially knowledgeable volunteer, talk to Bernie Workman, who started out doing office work and now makes quilts for the homeless along with managing the schedules of catering volunteers. “I like knowing all the volunteers, and I try all of the jobs first so I’ll know exactly what they have to do.”

The Council for Older Adults of Delaware County is a non-profit organization responsible for planning and developing local services for older adults, their families and caregivers. It is supported in part through the local senior services levy. For more information about the Volunteer Open House, call Amy Brown at 740-363-6677 or email her at amyb@growingolder.org.