



PRESS RELEASE

Center for Older Adults
800 Cheshire Road, Suite A
Delaware, Ohio 43015

Contact: Donna Meyer
(740) 363-6677 or (800) 994-2255
donna@growingolder.org

This news release can be found and downloaded from the “News Release” page of the Council for Older Adults web site at www.growingolder.org

FOR IMMEDIATE RELEASE

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For immediate release

Council for Older Adults to Host Mayors for Meals Day on March 24, 2010

The Council for Older Adults Meals on Wheels program announced today that they will be holding Mayors for Meals Day as a part of the nationwide March For Meals campaign. Mayors For Meals is designed to highlight the issue of senior hunger in communities across the nation, and in support of this very important issue, the following local leaders will participate in this year’s event: Gary Milner, mayor of Delaware; Patrick Monahan, mayor of Shawnee Hills; Tommy Thompson, Delaware County Commissioner; Carolyn Kay Riggle, councilwoman for the City of Delaware; Ronald Bullard, trustee chair of Berlin Township; and Earl Lehner, trustee vice chair for Troy Township.

Currently the local Meals on Wheels program delivers daily hot meals to every township, village and city in Delaware County. All food is prepared at the Center for Older Adults, 800 Cheshire Road, Delaware. Meals are also served at four dining centers in the county, including the Cheshire Road location. Last year, the Council for Older Adults served 177,905 meals to home-bound older adults and at dining centers throughout the county.

“We are grateful that our local community leaders recognize senior hunger as a critical issue in our community. We hope their participation in Mayors for Meals will help raise awareness of this issue and the

need for additional volunteers to help in our kitchen and to deliver meals,” said Bob Horrocks, Council for Older Adults Executive Director.

The Council is seeking additional volunteers to accommodate the increasing number of meal clients. If you are interested in volunteering or learning more about this opportunity, please call (740) 363-6677 or visit our website at www.growingolder.org. The local Meals on Wheels program is funded, in part, by the local senior services levy.